Your favorite season in the Great Western Catskills...

www.greatwesterncatskills.com
On the cover: Delaware County offers many summertime recreational opportunities, from adventure in the Great Outdoors to fun street fairs and festivals. For more information about the great outdoors in Delaware County, see the article on page 24. To read about the Fleischmanns Memorial Day Celebration, a great way to kick off the summer season, see the article on page 12.

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Intersection Trio Performs in Windham

The Windham Chamber Music Festival (WCMF) is launching their four-concert summer season, starting with a classical/crossover group, Intersection Trio on Saturday, May 24 at 8 pm. A typical Intersection program is an irresistible blend of classical, jazz, Latin, Broadway/film music, and the group's own original compositions and arrangements. John Novacek will be at the piano, Laura Frautschchi on violin, and cellist Reiko Cooper completes the group.

While each musician has individually achieved enviable successes as soloists and chamber artists in the world of classical music, they have also effectively ventured beyond circumscribed artistic borders, exploring new music, world music, jazz and pop. The uniqueness of the group is in tapping to the fullest these highly varied backgrounds, in shows that seamlessly fuse the traditional and the surprising, the premeditated and the improvisatory, and of course their easy verbal interplay with each other and with the audience. An evening with Intersection is a virtual collaboration between artists and audience.

Join us for what will be an unforgettable concert in Windham at the Windham Civic Centre Concert Hall, 5379 Main St, Windham, NY. For more information: www.windhammusic.com, or email info@windhammusic.com, or call 518-734-3868 for tickets. Admission is $25 general; $22 seniors (65+); $20 contributors; $5 for students (6-23). Regrettably we cannot accept credit cards. Tickets can also be purchased in advance in Windham at the public library, Catskill Country Store, and Carole's Emporium.

Founded in 1997 the Windham Chamber Music Festival has been featured nationally on “Performance Today” since 2000. WCMF is a 501©3 not-for-profit organization and is currently in its 18th Season under the direction of Robert Manno and Magdalena Golczewski.

The 2014 Season is made possible in part with public funds administered by the Greene County Council on the Arts, the Willow Springs Foundation, the Windham Chapter of the Catskill Mountain Foundation, the Peter & Cynthia Kellogg Foundation, as well as individual and business contributions. WCMF is a 501©3 non-for-profit organization and all donations are fully tax-deductible.
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Dancer/Choreographer Heidi Latsky Returns to the Greene County Mountaintop with
ONE HOUR: TWO WORKS
An evening featuring two powerful dance performances with performers of physical diversity.

“Heidi Latsky—a choreographer and dancer of uncommon intelligence and fluidity…”
—The New York Times

The Catskill Mountain Foundation (CMF), a leading multi-arts center in the Great Northern Catskills in Greene County, NY, presents ONE HOUR: TWO WORKS, an evening of dance by acclaimed dancer and choreographer Heidi Latsky on Saturday, May 31 at 7:30 pm at the Orpheum Film & Performing Arts Center in Tannersville. This night of dance marks the second performance in the Catskill Mountain Foundation’s annual Orpheum Dance Festival. This event is part of the New York State Presenters Network Presenter-Artist Partnership Project made possible through a re-grant from the New York State Council on the Arts, a state agency with the support of Governor Andrew M. Cuomo and the New York State Legislature.

These two dance pieces, SOLO COUNTERSOLO and SOMEWHERE, are performed consecutively, and push beyond the limits of physicality and movement, embracing the diversity of dancers with “unexpected bodies.” Accompanying the performances is music by British composer Chris Brierley in SOLO COUNTERSOLO, and several diverse renditions of “Over the Rainbow” in SOMEWHERE. The first work, SOLO COUNTERSOLO, features Heidi Latsky as the counterpoint to the ensemble, weaving through a landscape of vigorously moving bodies to British composer Chris Brierley’s passionate score, commissioned for the piece. The second SOMEWHERE, is set to wildly eclectic renditions of “Over the Rainbow” and uses this iconic song to frame a series of intimate movement portraits that highlight the luminous appeal of a diverse unconventional cast.

In addition to the performance, Heidi will work with local community groups during a four day residency on the Mountaintop.

Heidi Latsky Dance (HLD) is a New York-based modern dance company dedicated to creating provocative, highly technical and physically adventurous dance under the artistic direction of Heidi Latsky, a longtime principal member of Bill T. Jones/Arnie Zane Dance Company. Latsky has been a moving force in the dance world for over 25 years, creating works for the stage, theater and film. The company’s encouragement of community involvement has created a vibrant audience of all ages who are discovering the magnetism of modern dance. Heidi Latsky says of her work: “From my work with Bill T. Jones/Arnie Zane Dance Company, through my partnership with Lawrence Goldhuber (who is much heavier than a typical dancer) and my twenty years coaching actors in movement, there has always been a common thread of working with unexpected bodies and social justice. My current body of work with disability and my mission to redefine virtuosity take this direction to another level. The work also embodies my belief system and has opened up a whole other world to me politically and artistically.”

Heidi Latsky will perform ONE HOUR: TWO WORKS on Saturday, May 31 at 7:30 pm at the Orpheum Film & Performing Arts Center, 6050 Main Street, Tannersville, NY. Tickets purchased ahead are $25; $20 seniors; $7 students. Tickets purchased at the door are $30; $25 seniors; $7 students. For more information, go to www.catskillmtn.org or call 518 263 2063.
Looking for a quiet getaway? It’s only a click away!

WWW.MAINLYGREENE.ORG

Through May 3, Greene County Council on the Arts, Catskill Galley. “Outside the Lines,” an exhibition of works by Greene County students pre-K through high school.

Through May 4, Town of Catskill. “#CATSKILLBALLOONS,” an exhibition of AVIARY (reimagined), Jason Hackenwerth’s sculpture made of 6,000 inflated latex balloons. Balloons can be viewed at the Bridge Street Theater, 44 West Bridge Street; 404 Main Street; Greene County Council on the Arts, 398 Main Street. Events and more information at www.greenearths.org

Saturday, May 3, 3:00–5:00 PM, Catskill Mountain Foundation, Doctorow Center for the Arts. FREE Storytelling and Music event as part of composer Daniel Kelly’s Rakonto: A Sounding of Our Catskills Community Voices project. Featuring Daniel Kelly, Ira McIntosh, Hilton Kelly, Don Irwin, Don Strausser, and Jim Planck.

Saturday, May 17, 8:00 PM, Catskill Mountain Foundation, Doctorow Center for the Arts. Rakonto: A Sounding of Community Voices with Composer and Pianist Daniel Kelly. Tickets at www.catskillmtn.org

Saturday, May 24, Zadock Pratt Museum. The museum opens for the 2014 Season.

Saturday, May 31, 7:30 PM, Catskill Mountain Foundation, Orpheum Film & Performing Arts Center. One Hour, Two Works: An Evening of Dance with Heidi Latsky Dance Company. Tickets at www.catskillmtn.org


FIND MORE GREAT EVENTS AT WWW.MAINLYGREENE.ORG!

MAINLY GREENE IS A PARTNERSHIP PROJECT FUNDED BY THE NEW YORK STATE COUNCIL ON THE ARTS WITH SUPPORT FROM GOVERNOR ANDREW M. CUOMO AND THE NEW YORK STATE LEGISLATURE. PARTICIPATING ORGANIZATIONS IN 2014 ARE:
Voices of the Greene County Mountaintop Are Echoed in Daniel Kelly’s Rakonto

The Catskill Mountain Foundation (CMF), a leading multi-arts center in the Great Northern Catskills in Greene County, NY, presents a concert echoing with the voices of people from the Catskills. Composer and pianist Daniel Kelly's music and storytelling project RAKONTO: A Sounding of Community Voices reflects the history and experiences of people and families that have shaped the communities on Greene County, NY’s “Mountaintop” region for generations; having built homes and businesses along its rippling streams, across its grassy farmland, and nestled under its rising fir trees. The performance of Rakonto by Daniel Kelly and his ensemble is scheduled for Saturday, May 17, 8 pm at the Doctorow Center for the Arts, Weisberg Concert Hall, in the village of Hunter, NY. A free storytelling and music event will take place on Saturday, May 3, from 3 to 5 pm in the Doctorow Center. Hilton Kelly, Don Irwin, Don Strausser and Daniel Kelly will play; Ira McIntosh will talk and play (and also join Hilton & the band, Hilton Kelly & His Sidekicks); Jim Planck will sing and play a tune and talk as well.

This event is part of the New York State Presenters Network Presenter-Artist Partnership Project made possible through a regrant from the New York State Council on the Arts, a state agency with support of Governor Andrew M. Cuomo and the New York State Legislature and the Jarvis and Constance Doctorow Family Foundation. This project and concert are programs of the Catskill Mountain Foundation Piano Performance Museum which celebrates the world of the piano—the instrument, its musicians, composers and music, through the Steven E. Greenstein collection of historic pianos.

RAKONTO: A Sounding of Community Voices is a series of residency/performance programs created by composer and pianist Daniel Kelly to express the culture and history of different regions across New York State. Through the help of local historians and interviews with life-long residents, and by drawing inspiration from the panoramic sights of soaring mountains and lush river valleys, Kelly creates a musical narrative of the Catskill Mountains; both its history and its people.

Award-winning composer and pianist Daniel Kelly is one of the most innovative and accomplished musicians of his generation. He has performed all over the world with artists such as Grammy-award winning jazz legends Michael Brecker and Joe Lovano, hip-hop star Lauryn Hill, and modern classical giants The Bang on a Can All-Stars. He served as a U.S. Jazz Ambassador performing concerts throughout Southeast Asia and India for various heads of state. A recipient of the Chamber Music America/ASCAP Adventurous Programming Award, Daniel was awarded a grant by the New York State Council on the Arts (NYSCA) to compose a concert-length work titled Rakonto: A Sounding of Community Voices that incorporated recordings of the voices and stories of immigrants living in the ethnically diverse neighborhood of Flushing, Queens. He has been commissioned by five communities throughout New York State, including the Greene County mountain top through the Catskill Mountain Foundation, to create new concert-length works in his Rakonto series for 2013-14 concert season. Daniel’s vision involves capturing the sounds and voices of Greene County and its history. Lexington Historian Karen Deeter, Greene County Historian David Dorpfeld, and Zadock Pratt Museum Director Carolyn Bennett are all aiding him in this project. Daniel has composed for chamber orchestra, string quartet, film and multi-media theater works that have toured internationally. He has released five CDs of original compositions.

Tickets purchased ahead are $25; $20 seniors; $7 students; tickets purchased at the door are $30; $25 seniors; $7 students. For more information or to purchase tickets, go to www.catskillmtn.org or call 518 263 2063. The Doctorow Center for the Arts is located at 7971 Main Street, Hunter, NY.
CATSKILL MOUNTAINS
EXECUTIVE ESTATE

Unique opportunity to own a large quality home custom built in 2000 along with a total of 250 acres of prime woods and fields

Location: Stamford, NY (aka “Queen of the Catskills”) is located 2-1/2 hrs from the Tappan Zee Bridge, 1hr west of Albany, ½ hr to ski areas of Windham, Hunter, Belleayre, Plattekill and State Universities of Oneonta, Cobleskill, and Delhi. Property is a short drive from the village which offers award winning school district, shops, restaurants, community pool, theater and challenging 18 hole par 72 golf course.

House: Approx 5000 sq ft modern home with 4 bedrooms, loft, 4.5 baths, full walkout basement equipped with wet bar, sauna, wine cellar, pool table, and summer kitchen. Sweeping oak staircase to second level with bonus room above 3 car garage. Auto backup generator for security. Majestic view from every room.

Property: Year round accessible via private town maintained road. House is built on 40 acres and is offered at $795,000. Additional 140+ acres across the road with small barn, fully equipped cabin, trails, pond and excellent hunting is available along with another 75 attached acres. Don’t miss this rare find.

Visit our website for additional information and photos: www.catskillsresorthome.com
Owner contact: (518) 947-4400 or email: mountaintophome@aol.com
Spring finally arrived this past April, and while colorful crocuses and pastel shades of Easter eggs were plenty, the village of Catskill was invaded by another event helping to usher in spring, a huge work of art few have ever seen before, a sculpture twisted out of 6,000 inflated latex balloons in vibrant shades of white, yellow, orange by artist Jason Hackenwerth. Direct from the rotunda of the Solomon R. Guggenheim Museum, Hackenwerth’s AVIARY (reimagined), measuring 35 feet tall and 29 feet in diameter, was commissioned by Works & Process for their 30th Anniversary Gala, and landed in Greene County. Through Masters on Main Street, the work was reinstalled throughout the village and unveiled this past April 12 and will be on view through May 4. The largest portion can be seen at the soon to open Bridge Street Theatre (44 West Bridge Street, Catskill) and the remaining parts are on view at 404 Main Street and at the Greene County Council on the Arts.

These are not just everyday balloons that one might see at a party, rather Hackenwerth and his team of assistants spent over a week inflating and twisting together balloons to form a work resembling a very big bird cage. Colorful and happy, Hackenwerth’s balloon sculptures delight and surprise. “The commonality of that material is so accessible and so easy to understand,” says Hackenwerth of his chosen medium. “Instead of people being frightened of the work, as a lot of people are for contemporary art, they seem to be joyous and happy.”

Aviary was only intended to be displayed for one night at the Guggenheim, but when part-time Catskill resident and General Manager of Works & Process, Duke Dang discovered that the balloons could last for an additional month, he approached Fawn Potash, Director of Masters on Main Street, Greene County Council on the Arts’ creative place-making project, to see if something could be done. Potash and Dang seized the opportunity and in the early morning of April 3, immediately following the gala, the balloons were taken out through the front door of the museum in four large sections and loaded into two 26-foot trucks and delivered to Catskill.

“It all came together very fast. It was very much shoot from the hip,” says Dang. “It’s a work that’s transportable, but also makes a large impact.”

Potash organized a group of local volunteers and with Hackenwerth’s assistant, Leah Blair, reconfigured Aviary into three separate pieces. An event led by Blair at Catskill Elementary School...
introduced hundreds of kids (and their adults) to the magic of sculpting with balloons that culminated in a collaborative sculpture made out of 800 balloons and was suspended in the school cafeteria.

Hackenwerth is excited for the piece to get a second life in Catskill. “We get to reach so many more people. I’m just thrilled and honored that the community of Catskill is so happy to have the work there,” he says.

“There’s been a groundswell of support from everyone—kids, adults, workers. Just a really happy reception,” says Potash. “While I’m putting this giant balloon sculpture up, everyone is smiling,” Potash recalls of installing one of the pieces. “I heard people saying it’s a DNA strand, it’s a millipede, it’s a Chinese dragon, it’s a hammock. People would say, ‘Oh, what’s this for?’ And I’d say, ‘It’s your birthday.’”

Where to See #CATSKILLBALLOONS
404 Main Street, storefront windows, viewable anytime through May 4. It’s especially engaging after dark when the windows are lit.
www.404mainstreetcatskill.com

Bridge Street Theatre (44 West Bridge Street, Catskill), Saturday, May 3, 12-4pm or by appointment; contact@bridgest.org. Bridge Street Theatre will officially open in 2015 and provide live productions year-round.
www.bridgest.org

Greene County Council on the Arts (398 Main Street, Catskill), Monday-Friday, 10am-5pm and Saturday 12-5pm through May 3.
www.greenearts.org

#CATSKILLBALLOONS Events
May 3, 1 pm: Stories Under the Big Balloons, a reading of the children’s classic The Red Balloon at the Bridge Street Theatre

May 3, 7:00 pm: Closing Night Party, featuring music and libations at the Bridge Street Theatre

May 4, 12-4 pm: One-Day Outdoor Exhibition at a secret Catskill location. Bring your camera to participate in Masters on Main Street’s photography exhibition, #CatskillBalloons in June at Bridge Street Theatre. Check out Masters on Main Street’s Facebook page for clues. Weather dependent!

May 4, 4:30 pm: “Pop ‘til you drop,” a balloon-popping party! $10 for 1 minute of therapeutic balloon popping mayhem. One at a time, so nobody gets hurt! Outdoor exhibition site, weather permitting. If it is rainy or windy, pop ‘til you drop at Bridge Street Theatre, 44 West Bridge Street, Catskill.

Additional plans are still up in the air so for the most up to date information visit www.greenearts.org.
Willow Mixed Media and the Mountain Top Historical Society announce that a new film, *Rails to the Catskills*, will premiere on June 1, 2014 at 4:00 pm at The Mountain Cinema in the Doctorow Center for the Arts, 7971 Main Street in Hunter, NY.

The feature-length documentary film is the story of railroading in the Northern and Southern Catskills. Among the railroads covered are the Catskill & Canajoharie, The Catskill Mountain/Otis Elevating, the Ulster & Delaware, Wallkill Valley, New York West Shore & Buffalo, New York Ontario & Western, and Delaware & Northern. In addition, *Rails to the Catskills* covers the Delaware & Hudson Canal, electric trolleys, tourists railroads and the contemporary rails vs. trails fight in the historic Ulster & Delaware Corridor.

*Rails to the Catskills* presents interviews with noted railroad historians and photographers, including Gene Dauner, Bob Haines, John M. Ham, William Helmer, Ph. D., Evan Jennings, Dale Flansburg and Robert Mobowski. Images, vintage and railfan films come from historical societies, museums, libraries, and private collections.

Railroading in the Catskills began with the early canals and railroads in the 1820s and 1830s, and continued through the Gilded Age and into the 20th century. During this time many lines were consolidated, abandoned or went bankrupt. Today what remain in the Catskills are tourist railroads in the Kingston and Phoenicia areas and running from Arkville to Roxbury.

The *Rails to the Catskills* premiere will be followed by a question and answer period with Glenford filmmaker, Tobe Carey, and a wine and cheese reception. Limited seating is available. Contact the Mountain Top Historical Society for tickets or additional information at 518 589 6657 or www.mths.org.

Two excerpts from the film are on YouTube for viewers to enjoy. Search YouTube for “Rails to the Catskill—The Catskill Mountain Railroad” and “Rails to the Catskills—The Delaware and Ulster Railroad”.

Willow Mixed Media is a not-for-profit arts organization whose documentaries include films about Catskills/Hudson Valley history and issues of social concern. Willow Mixed Media’s local history films include *Deep Water: Building the Catskill Water System*, *The Catskill Mountain House and The World Around*, *Sweet Violets*, and *Woodstock Summer of ‘94*.

Visit Willow Mixed Media’s website at www.documentary-world.com, their Facebook Page and blog page at Watershed Post for the latest information about *Rails to the Catskills* and other Willow Mixed Media projects.
THE CATSKILL MOUNTAIN FOUNDATION PRESENTS

A SOUNDING OF OUR CATSKILLS COMMUNITY VOICES

A FREE COMMUNITY STORYTELLING AFTERNOON
Saturday, May 3, 3-5 pm
Featuring Hilton Kelly (along with his band, Hilton Kelly & His Sidekicks), Don Irwin, Don Strausser, Jim Planck, Ira McIntosh, and others as they share stories and songs of Greene County, NY with composer Daniel Kelly

PERFORMANCE OF FULL LENGTH CONCERT WORK, RAKONTO
Saturday, May 17, 2014, 8:00 pm
Tickets Purchased Ahead: $25; $20 seniors; $7 students
(Book-ahead ticket pricing valid until 3:00 pm on May 17)
Tickets Purchased At Door: $30; $25 seniors; $7 students
The culmination of Daniel Kelly’s storytelling project is a full-length concert work based on the stories of Greene County residents.

Both events take place at The Doctorow Center for the Arts
7971 Main Street • Village of Hunter
Tickets/More Information: www.catskillmnt.org • 518 263 2063

This event is part of the New York State Presenters Network Presenter-Artist Partnership Project, made possible through a regrant from the New York State Council on the Arts, a state agency, with the support of Governor Andrew M. Cuomo and the New York State Legislature.
The Fleischmanns Memorial Day Weekend Celebration

A Great Starting Point for the Summer Season, Featuring Live Music, Vendors, a Food Court and More

Fleischmanns, nestled in a valley of the Catskill Mountains, is the first village one comes to in Delaware county when traveling west on Route 28. It sits at the base of Belleayre Mountain, renowned for winter sports and summer music festivals. On Saturday, May 24 (rain date Sunday, May 25), from 9 am to 4 pm, Fleischmanns will host a village wide celebration and street fair as a kick off to the summer season.

Fleischmanns Main Street will be filled with sidewalk vendors, live music, food and fun. New for this year will be a display of antique cars, which should keep Dad and the kids occupied long enough for mom to shop as long as she wants. The Fleischmanns Maple Princess & Prince, recently crowned at the Fleischmanns Maple Festival in March, will get a ride through town in one of the Antique cars.

Mountain Music and More...

Songstress Cat Blume, “the singer with a song in her heart” will emcee the musical entertainment, which includes the Catskill Mountain Boys, Jeanne Palmer, Connie Mohar and of course, Cat Blume herself, covering the musical landscape from standards and blues to country and Doo Wop.

You’ll also have plenty of time to shop Main Street from 9 am until 4 pm, browsing everything from antiques and handmade furniture to specialty foods, artists’ wares, clothing, jewelry and crafts, including chimes, birdhouses, tote bags, metal works, wood works and much more. Mobile Hospital Unit will be on hand to provide free blood pressure tests and informative displays on health. Skene Library hosts its biggest fundraiser of the year, its annual book and plant sale, and the Greater Fleischmanns
Museum of Memories opens for the season.

There’ll be a food court with restaurant specials to fortify hungry shoppers while listening to the entertainment.

As always, Fleischmanns will host a Memorial Day Parade on Main Street on Monday, May 26. Be sure to gather before 9 am if you would like to march along.

About the Village of Fleischmanns

Fleischmanns was settled in the early 1800s and was known for most of that century as Griffin Corners, named for Matthew Griffin, an early settler, the first Postmaster, a lawyer and a hotelier. In the 1870s the Ulster & Delaware Railroad extended from Kingston to western Delaware County. Fleischmanns was one of the stops and with the trains came visitors in search of fresh air, views of the mountains and enjoyment of nature. The famed Fleischmanns family built a family compound with five mansions and outbuildings in the late 1800s shortly after the opening of the Grand Hotel which spanned the county line. Soon others were building homes and by the turn of the century, Griffin Corners and Fleischmanns were known as a Catskill resort area. Postcards and paintings from the era show much colorful activity—boating, an amusement park, and the hotels in their prime. While the Hotel Switzerland is long gone, the St. Regis hotel is still there, actually outlasting the lake it was built to grace. When the Fleischmanns family left the area for good in 1913, they donated their park property on Wagner Avenue, where baseball and other summer pastimes entertained throngs of visitors to the village. In grateful recognition, the expanded village renamed itself Fleischmanns in their honor. Fleischmanns’ Main Street and Wagner Avenue are dotted with beautiful Victorian homes.

Visit www.fleischmannsny.com for more information and directions, and come join in the fun!
Enjoy the Catskills!
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Some of us flourish as farmers, others as master gardeners. However, some of us have an eye for wild crafting. This growing contingent of foragers, armed with the techniques and knowledge of generations past, take to the forest and fields to find food in the most unlikely places. Some don’t have to go much further than their own front yard to eat weeds and plants that can bring a body back into balance and general wellness.

Marguerite Uhlmann-Bower, R.N., herbalist and enthusiast forager, shares her plant wisdom this year through a workshop series: Weeds, Leaves, Seeds and Shoots (WLSS or just “Weeds”). Held at various outdoor locations, Marguerite imparts her plant knowledge and its wellness impacts from the herbalist’s perspective. During these weed walks, she talks about the nutritional value of foraged edibles, how to harvest responsibly, and how to be a proactive champion for the plant world. At a time when food sourcing hangs in the balance of a pollution-challenged environment, the Weeds series reminds us of the responsibility factor attached to growing, gathering and eating great food.

**Foraging for Wellness**
Growing up in Brooklyn, Marguerite had an affinity for things growing green. “I expressed an interest in gardening at an early age, even though my mom didn’t have a green thumb and couldn’t teach me,” Marguerite recounts. “I started growing seeds and reading books; my first plant book was *Back to Eating* by Jethro Kloss, which inspired me to grow. At 21, I moved to Delaware County and over the next 10 years, I built my garden and began learning more about plants and their beneficial properties. After nursing school, I studied for three years with traditional herbalist, Kate Gilday of Cold Brook, NY. She taught me the ways of plant nutrition and shared her knowledge that I now share with others.”

Marguerite has found a way to integrate her interest in using natural medicines (herbs and food choices) as an alternative (or often companion) to strong medicine protocols of the Western medical philosophy. “As a registered nurse, my background allows me to understand how the body works. However, as a nurse, I’m restricted in my practice; a nurse doesn’t diagnose, treat, or
prescribe. Medicine is under the auspices of medical doctors. As an herbalist, I help people bring themselves back into balance through food choices and herbs, which I feel are our best front line to wellness.”

Marguerite offers the Weeds workshops as her contribution to righting the path down which the environment and personal wellness are traveling. “What we do to the earth, we do to ourselves,” says Marguerite. “Sharing my plant knowledge is my way of being active in my contribution against hydrofracking and other practices that impact the Earth. When we better understand plants, the role they play in our lives, and our role in stewarding that plant-human relationship, we can come together to protect them for the future.”

The Art of Wild Crafting

Farming occurs when we actively sow seeds and harvest for food. Wild crafting is the practice of harvesting a plant that is not cultivated. “As we do this traditional and timeless act, we remember the impact we have on plant populations. In any given region, at any given time, we need to be in tune with how we change the environment, the soil micro-organisms, and the overall plant species as we harvest and walk the forest floor,” says Marguerite. She practices Abenaki Native American Traditions associated with foraging. “If you have never wild crafted before, take ‘time out’ before jumping into it. Explore plants for a while. Go one-on-one by walking and observing their beauty. Read and learn as much as you can about them. As you harvest, be mindful. (See sidebar, “Eight Traditional Harvesting Principles for Wild Crafting”)

Walking with Weeds

The Weeds workshops are plant identification outdoor educational walks set up for most age groups from 10 years old on up. Sessions focus on shrubs, trees, mushrooms, lichen or weeds, depending on the workshop. As an R.N., Herbalist and wild crafter, Marguerite focuses on how the outdoor environmental field affects and

Stick out Your Tongue

In her private home office, Marguerite Uhlmann-Bower meets with clients to review their symptoms and eating choices. She then helps them determine a path to wellness through what they put in their bodies. “I tell people what I’m seeing and they go back to their doctor and we work together to find a way to wellness. I work with all herbs in combination with food.”

During a client assessment, Marguerite looks at what a person is doing for lifestyle and eating choices. “I do a standard nursing assessment where I check for physical symptoms like swelling or rashes, check vital signs like blood pressure and pulse, and take in a person’s overall physical presentation. We talk about allergies, their health history, and their current medical course of treatment. I then do a Chinese herbal assessment, where I compare a person’s presentation and symptoms, and translate all this information into a self-help proposal, a design for what they should be doing and eating. In many cases, a person will take this information back to their primary doctor to enhance their overall wellness approach. It’s all about helping people get back in balance. We explore food choices; it’s not a short-term diet. This eating style is for the rest of a person’s life. They leave with a rebalancing, rebooting, to their life structure. With simple changes in what we eat, I’ve seen dramatic improvements in Irritable Bowel Syndrome (IBS), high blood pressure, asthma and diabetes. All these chronic conditions can be positively influenced by bringing our eating back into balance, changing our food and lifestyle choices, and working alongside with a doctor’s prescribed treatment protocol.”

Marguerite invites you to gauge your own wellness by simply sticking out your tongue. “The tongue is the only muscle in the body that contains all three types of tissues,” explains marguerite. “These cell types are found in the embryo when it’s forming: endoderm, ectoderm and mesoderm. Because the contains all there, looking at the tongue gives us a picture of a person’s constitution and what could be going on in all the organs of the body, even the heart.” Marguerite says try this exercise. Look at your tongue, first thing in the morning, before water or coffee. Stick it all the way out. If the tongue has squiggly, scalloped shapes on either side, this is an indicator that the body is not assimilating nutrients through the small intestine. “Chew your food really well and eat more bitter veggies like lettuce, green leaf lettuce, red leaf lettuce, dandelion greens, escarole, broccoli rabi, collard greens, mustards, kale,” says Marguerite. “For the most part, we eat too many starches, like breads, so reducing those assimilating blockers. This is something I see all the time. We live a life of lots of grains and we’re rushing and not chewing well.”

Clients with cancer are also finding relief with herbs. “It’s a challenging realm to work with,” says Marguerite, “but many people feel better after taking traditional Chinese medicines. Many recipes and food-herb combinations truly relieve or lessen the side effects of chemotherapy like nausea, vomiting, hair loss, and low blood cell count. These herbs can really benefit people with cancer. I work with food choices and herbal combinations as a path to wellness.” After, our bodies can only benefit from the nutrients provided us through the plant kingdom.
provides for people on the human wellness spectrum in relation to ‘what goes around comes around.’ Each class touches upon:

- plant identification features with field guide resources,
- historical and traditional ways plants have been used through the seasons,
- when and how to harvest, prepare, preserve, and use these plants as food,
- a wild foods tasting with a prepared food and drink,
- ways to ensure plant viability for future generations,
- how plants communicate with their surroundings (including humans), and
- hands-on activity in accessing Heart-of-the-Land benefits.

“We give back to them by not overharvesting. As we harvest, we are present, paying attention to what we’re doing and taking. When we realize the magnificence of what we’re taking, realize we’re taking that life, and realize the life-giving force that plants provide, we can accept these benefits to our wellness graciously.”

Learning which weeds are edible, and which are not, is just the beginning. Sessions also cover proper harvest times and techniques, properly preserving a harvest, and preparing weeds and herbs as food. “During certain times of the year, you don’t want to eat a particular part of the plant, or maybe any whole plant. And other times you want to eat all of it. If eaten or harvested at the wrong time some plants could make you sick. These Weeds workshops will help you identify and learn how to forage responsibly.”

“Eating weeds can help us achieve and boost our balance and constitution,” says Marguerite. “We learn about these edible delectables on one of Weeds Workshop walks. This year, I’m working with more host organizations in different locations to reach more people.” Workshops will be taught at nine outdoor sites, including three Pure Catskills member locations: the West Kortright Centre, Stony Creek Farm and the Center for Agricultural Entrepreneurship and Development (CADE). Each plant walk is about foraging, but depending on the location, there is a different focus. “At The Farmers’ Museum, the workshop has an historical focus,” adds Marguerite. “Janet Sutta at Blueberry Farm will talk about the concept of ‘free food.’ At the end of the day, we’ve got a better understanding of plants, that they are here for us” Weed walk-and-talks are held rain or shine.

“I do this sharing on behalf of the environment; the environment is magnificent and delicate, yet strong and resilient. The Earth has undergone three extinctions and the environment has bounced back every time. Human beings may not, but the plants will. I’m reminding people to be good stewards of the land and plant world, because what goes around, comes around.”

For Marguerite’s complete list of wild crafting traditions and the Weeds workshop schedule, visit the Weeds, Leaves, Seeds & Shoots Facebook Page, or contact her at 3moonsisters@gmail.com or 607 278 9635.

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**Eight Traditional Harvesting Principles for Wild Crafting**

1. Treat Earth, land, soil, plants and wild life organisms with respect.

2. Do not harvest or use plants that are endangered.

3. Harvest in such a way that another could not tell you were there.

4. Harvest the right plant part in the right season.

5. Whether you are an experienced or novice wild crafter, wait for more defining plant signatures, such as when the plant is in full bloom.

6. Think long term, keep sustainability in mind. If it is the root you are picking, leave enough for a stand to regenerate. Take 30 percent or less.

7. Know which plants are on the UpS endangered list. (www.unitedplantsavers.org); don’t harvest them.

8. Listen to the plants by smelling, feeling, tasting. This is your combined harvesting experience.
**The Weeds, Leaves, Seeds & Shoots Workshop Series** run through the summer at various locations throughout the Catskills. To sign up, contact Marguerite Uhlmann-Bower, R.N. Herbalist at 607 437 1216 or by e-mail at 3moonsisters@gmail.com. Find workshop updates on Facebook or sign up for the WLSS monthly e-mail newsletter. All workshops are $15 suggested donation unless otherwise indicated. Dress for the weather, and bring a walking stick, snack food and drink, and your camera.

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<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Title</th>
<th>Location</th>
<th>Cost</th>
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<tbody>
<tr>
<td>May 3-4, Saturday &amp; Sunday, 10 am-5 pm</td>
<td>Wild Plants for Simple First Aid Weekend</td>
<td>SEVA Foundation, Hobart</td>
<td>Cost: $160 includes take-home starters</td>
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<tr>
<td>May 10, Saturday, 1-5 pm</td>
<td>Wild Food Foraging Series—Spring</td>
<td>Spring Pot Herbs-Bitter-Sour-Pungent Weeds</td>
<td>West Kortright Center, East Meredith</td>
<td><a href="http://www.westkc.org">www.westkc.org</a></td>
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<td>May 17, Saturday, 1-5 pm</td>
<td>Awaken the Senses with Spring Tonics (Part 1) with Patrick McGregor</td>
<td>West Kortright Center, East Meredith</td>
<td>Cost: $20 for non-museum members, $15 members</td>
<td>Farmers Museum, Cooperstown</td>
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<td>June 7, Saturday, 1-5 pm</td>
<td>Wild Foods in Farming and Gardening</td>
<td>Oneonta</td>
<td>Farmers Museum, Cooperstown</td>
<td><a href="http://www.cadefarms.org">www.cadefarms.org</a></td>
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<td>June 14, Saturday, 1-5 pm</td>
<td>Weeds for Wellness with Ryan Trapani</td>
<td>Catskill Forest Association, Margaretville</td>
<td><a href="http://www.catskillforest.org">www.catskillforest.org</a></td>
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<td>June 28, Saturday, 1-5 pm</td>
<td>Optimal Nutrient Absorption Weeds</td>
<td>“V.I.N.E.’s,” Binghamton</td>
<td><a href="http://www.vinesgardens.org">www.vinesgardens.org</a></td>
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<td>July 2, Wednesday, 1-5 pm</td>
<td>Foraging is Healing with Janet Sutta</td>
<td>Blueberry Farm, West Oneonta</td>
<td><a href="http://www.farmersmuseum.org">www.farmersmuseum.org</a></td>
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<td>July 12, Saturday, 1-5 pm</td>
<td>Weeds—Imagine “Herbal Recipes from the Garden” with Patrick McGregor</td>
<td>West Kortright Center, East Meredith</td>
<td>Cost: $20 for non museum members, $15 members</td>
<td>Farmers Museum, Cooperstown</td>
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<td>July 16, Wednesday, 3-7 pm</td>
<td>Harvest Dinner for Your Constitution with Yemana</td>
<td>Dechen Choeling Retreat Center, East Meredith</td>
<td>Cost: $20 for non museum members, $15 members</td>
<td>Farmers Museum, Cooperstown</td>
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<td>August 9, Saturday, 1-5 pm</td>
<td>Wild Food Foraging Series—Summer</td>
<td>Boosting Immune System with Wild Foods</td>
<td>West Kortright Center, East Meredith</td>
<td><a href="http://www.westkc.org">www.westkc.org</a></td>
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<td>August 27, Wednesday, 1-5 pm</td>
<td>Weedie Berries &amp; Inulin Preparations with Kate Marsiglio</td>
<td>Stony Creek Farm, Walton</td>
<td><a href="http://www.stonycreekfarm.org">www.stonycreekfarm.org</a></td>
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<td>August 30, Saturday, 1-5 pm</td>
<td>Autumn Root Foods with Patrick McGregor</td>
<td>Farmers Museum, Cooperstown (Part 2)</td>
<td><a href="http://www.farmersmuseum.org">www.farmersmuseum.org</a></td>
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<td>September 10, Wednesday, 1-5 pm</td>
<td>Potpourri of Seeds, Roots, Berries, Mushrooms … and whatever Nature has to offer us</td>
<td>SEVA Foundation, Hobart</td>
<td><a href="http://www.farmersmuseum.org">www.farmersmuseum.org</a></td>
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<td>September 27, Saturday, 1-5 pm</td>
<td>Fermenting with Weeds (Part 3) with Patrick McGregor</td>
<td>Farmers Museum, Cooperstown</td>
<td><a href="http://www.farmersmuseum.org">www.farmersmuseum.org</a></td>
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<td>October 5, Sunday, 1-5 pm</td>
<td>Wild Food Foraging Series—Autumn/Winter</td>
<td>West Kortright Center, East Meredith</td>
<td><a href="http://www.westkc.org">www.westkc.org</a></td>
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The 2014 summer season will be a busy time for the trails of the Catskill Mountains. Throughout May volunteer Trail Maintainers and Trail Crews organized by the Trail Conference and staff from the New York State Department of Environmental Conservation (DEC) will be out on the trails, clearing them of winter blowdown and brush, freshening up trail markers and getting everything ready for the summer hiking season.

Trail Events in May
Do you love your New York State Park? Show that love by taking part in Parks & Trails New York’s annual “I love my Park Day” on Saturday, May 3. More details and information on the events throughout New York State are available at www.ptny.org/ilove-mypark.

Need some help getting out onto Catskills trails this spring? Make sure you stop in at TrailFest at Kenco Outfitters in Kingston on Saturday, May 10 from 10 am to 4pm. TrailFest is an annual kick off of the summer hiking and camping season. You will be able to meet the outdoor community’s top gear and clothing manufacturers, as well as representatives from the Trail Conference, Catskill Mountain Club and other local and national organizations. Best of all, admission is free! Further details are available at 845 340 0552 or www.atkenco.com.

Join in and celebrate spring with the Mountain Top Historical Society in Haines Falls! Their Annual Spring Fling, held on Saturday, May 17 will be dedicated to the Kaaterskill Rail Trail which has been open for one year. As part of the activities the Trail Conference will present a workshop on trail maintenance at 10:00 am in the Train Station (free registration at www.nyntjc.org/workshop/intro-trail-maintenance-trail-u-819). There will be a lunch break followed by about two hours of trail work. At 2:30 and 3:00 pm guided hikes open to the public will depart from the Historical Society’s Train Station and follow the Kaaterskill Rail Trail to the Laurel House site near the top of Kaaterskill Falls. At 5:00 pm a light supper will be served at the Train Station followed by a presentation about The Laurel House and Kaaterskill Falls at 6:00 pm. The fee for supper and the lecture is $12.00. A $3.00 donation is requested for the lecture only. For more information and to make supper reservations by May 13, call 518 589 6657.

Trail Crews in the Catskills in May
This May marks the start of a new Trail Crew working on trails in the southwestern Catskill Mountains near Livingston Manor and Roscoe. The crew, supported by Lisa Lyons, owner of Morgan Outdoors in Livingston Manor, will be dedicated to helping maintain the trails within the Willowemoc Wild Forest. The crew’s work will include clearing back brush and weeds, properly marking trails, removing blowdowns and helping to maintain previously built trail structures (and in some places build) such as waterbars. To kick off the creation of this crew, the Trail Conference and Morgan Outdoors will be hosting a free and open to the public “meet the Trail Crew” event at Morgan Outdoors in Livingston Manor on Saturday, May 24 at 10:30 am. For more information, visit www.morgan-outdoors.com or call 845 439 5507.

The Catskills & Long Path Trail Crew continues to work on the new section of Long Path that begins near Phoenicia,
continues over Romer Mountain, Mount Pleasant and Cross Mountain, and connects with the Burroughs Range Trail. Work days are scheduled most weekends between now and June and are open to the public. No experience is necessary. Make sure to bring work gloves, water, lunch, clippers and friends and we will provide the rest of the tools and training. Check out the crew’s schedule on the Trail Conference’s crew calendar at www.nynjtc.org/view/trail-crew-outings.

The Roving Catskills Trail Maintenance Crew will once again be working on trails starting this May. The Roving Trail Maintenance Crew in the Catskills is dedicated to helping maintain over 200 miles of trails adopted by the Trail Conference in the Catskills. Their work includes clearing back brush and weeds, removing blowdowns and helping to maintain previously built trail structures such as waterbars. Wendell George is the Trail Crew Leader for the Roving Trail Maintenance Crew. He can be e-mailed at wendell@catskillmountainclub.org.

Trail Workshops in May
There are two opportunities in May to spend some time learning just what kind of work goes into keeping the trails of the Catskill Mountains clear and open. The Trail Conference is offering an Introduction to Trail Maintenance course on Saturday, May 17 in Haines Falls (www.nynjtc.org/workshop/intro-trail-maintenance-trail-u-819) and on Saturday, May 31st in Fleischmanns (www.nynjtc.org/workshop/introduction-trail-maintenance-trail-u-831). Both courses are free and open to the public.

Wonder what about a trail makes it an enjoyable hike? I will be holding a Trail Assessment class on the trails surrounding Frick Pond in the Southwestern Catskills the afternoon of Saturday, May 24. We’ll be going on an interactive hike of approximately 1.85 miles (round trip) around Frick Pond in the western Catskill Mountains. This easy to moderate walk on the Quick Lake Trail, Big Rock Trail and Loggers Loop Trail will offer numer-
uous examples of areas that the new Willowemoc Trail Crew will be working on this summer, and as we walk, we will be learning how to assess the condition of the trail, understand existing trail problems such as erosion and drainage, and learn what can be done to create a trail that is more enjoyable to hike and more sustainable in regards to the environment and ongoing maintenance. This workshop is free and open to the public: more information and registration is available at www.nynjtc.org/workshop/trail-assessment-trail-u-829.

Not quite in May, but a great opportunity nevertheless, the Trail Conference will be holding a hands-on Introduction to Trail Building workshop in Fleischmanns on Sunday, June 1. This course will be free and open to the public and we will be working on improving trails at Spillian that will soon be opening to the public. For more information and to register for free, please go here www.nynjtc.org/workshop/introduction-trail-building-trail-u-832.

Spring Brings New Opportunities for Volunteers in the Catskills
You can help sustain, build and maintain hundreds of miles of Catskills trails! The Trail Conference is looking for motivated volunteers to join trail crews, adopt trails for maintenance and to supervise trail maintainers. The Catskills are home to a number of trail crews, including trail maintenance crews that work throughout the region, crews that work on building new trails and crews that work on rehabilitating lean-tos. Trail maintainers adopt about a mile of trail and make regular trips to their trails to cut back brush and weeds to make sure the trail is passable. Trail Supervisors help recruit, train, and supervise a team of trail maintainers in the Catskills. No experience is necessary, as training is provided as part of the Trail Conference’s work in the region. If you have any interest, they need you, as the hundreds of volunteers working throughout the Catskill Park are what makes are a big part of what makes our trails, lean-tos and recreational resources available to all. If you’re interested in any opportunity, let them know by e-mailing the Trail Conference at catskills@nynjtc.org.

Trail News and Events
Trail Conditions in the Catskill Mountains
Conditions can change quickly in the Catskills. A warm spring or summer hike can suddenly turn dangerous when it starts raining and temperatures drop. In the fall, winter conditions often come early to the mountains and in the winter months, the mountains can be unforgiving with low temperatures, high winds and deep snowpack. For more detailed information on the condition and status of trails and trailheads in the Catskills, the Trail Conference offers a page on their website with regularly updated conditions www.nynjtc.org/content/catskill-trails-updates.

Give Back to Catskills Trails with a Service Vacation this June
The Trail Conference, as part of its work to build 9.5 miles of new backcountry trail between the Village of Phoenicia and the Slide Mountain Wilderness Area, will be offering a weeklong backcountry service vacation between May 31 and June 7. On this extended backcountry service trip the crew will be working on the section of new trail that traverses Cross Mountain between Wittenburg and Mount Pleasant. This will be a week long work trip in the backcountry of the Catskill Mountains. The crew will be camping each night on the mountain at a basecamp and work will include clearing trees and vegetation, and tread construction such as raking, side-hilling, waterbars and stone steps. In addition to volunteering for the crew, the Trail Conference will be leading several hikes to the worksite and the basecamp to resupply the crew and volunteers are needed to carry up and down supplies and tools. If you are interested in either opportunity, please e-mail the Trail Conference at catskills@nynjtc.org.

National Trails Day 2014
In 2014 celebrate National Trails Day on Saturday, June 7. Planned celebrations include the grand opening of the new section of Long Path between the Village of Phoenicia and the Borroughs Range Trail in the Slide Mountain Wilderness and a new trail on Palmer Hill in the western Catskills. For more information please visit www.nynjtc.org/event/national-trails-day-2014.

Catskills Great Outdoors Festival
The annual Catskills Great Outdoors Festival will be the weekend of August 22, 23 and 24 with a street festival in the Village of Margaretville on Saturday, August 23 from 10am to 4 pm.

Take a Hike!
If you are looking to get out on the trails, but would like to go on a guided group hike to help you get your bearings on Catskill Mountain trails, the region has several different groups that lead guided hikes. The Catskill Mountain Club (CMC) offers members and non-members the opportunity to go hiking, paddling, biking and skiing throughout the Catskills with a majority of the trips in the western Catskills (www.catskillmountainclub.org). The Catskill 3500 Club leads hikes up the 35 peaks in the
The Hunter Foundation is accepting submissions of business plans for the operation of a year round ice cream café and eatery at Smiley’s, 6067 Main Street, Tannersville. Business plans should include use of the space, hours of operation, menu, etc. It would also be important to show that the candidate would have sufficient opening capital and experience to insure success.

Please contact the Hunter Foundation office for more details, (518) 589-5050.

Chimney Point is a small village on Lake Champlain. The village is located at the south end of the Adirondack Mountains.

Jeff Senterman was formerly an Assistant Forest Ranger for the DEC in Greene County, graduated with a degree in Environmental Science from Lyndon State College, has worked in the Environmental Planning field, is currently the Senior Program Coordinator for the New York-New Jersey Trail Conference and is a member of the Board of Directors for the Catskill Mountain Club and the Friends of the Catskill Interpretive Center.

Catskills that reach above 3500 feet in elevation (www.catskill-3500-club.org). The Rip Van Winkle Hikers also lead hikes throughout the region and you can find out more information about their activities at www.newyorkheritage.com/rvw. In addition, the Trail Conference will begin offering guided hikes throughout the Catskill Mountains and their schedule will be posted at www.nynjtc.org/view/events.

Getting Connected & Getting Involved

If you are interested in learning more about hiking the Catskill Mountains, getting the latest news and updates about trails, joining a trail crew, adopting a trail for maintenance, or just finding out more information about stewardship of our recreational facilities in the Catskill Mountains region, please contact the Trail Conference’s Catskills office at 518 628 4243 or via e-mail at catskills@nynjtc.org.

Jeff Senterman was formerly an Assistant Forest Ranger for the DEC in Greene County, graduated with a degree in Environmental Science from Lyndon State College, has worked in the Environmental Planning field, is currently the Senior Program Coordinator for the New York-New Jersey Trail Conference and is a member of the Board of Directors for the Catskill Mountain Club and the Friends of the Catskill Interpretive Center.

The New York-New Jersey Trail Conference partners with parks to create, protect, and promote a network of 2,000 miles of public trails, including 29 lean-tos and over 200 miles of trails in the Catskill Mountain region. We offer volunteer opportunities for people who love the outdoors, as well as publishing detailed hiking maps for the Catskill Mountain Region, along with a number of other regions. For more information on our programs in the Catskills please visit us on the web at www.nynjtc.org/catskills and follow us on Facebook at www.facebook.com/NYNJTC.CatskillRegion.
Summertime Recreational Activities in Delaware County

The Great Western Catskill Mountains are the perfect destination for outdoor sports and adventure! With our lush valleys, crystal-clear waters and dramatic high peaks, Delaware County offers visitors unlimited locations for outdoor adventure. Whether you’re seeking the challenge of downhill mountain biking; the tranquility of a leisurely walk through fields and forests or a steep trek; hunting, fishing, or miles of country roads for the biking enthusiast; the Great Western Catskills provides visitors with places to experience all of the great outdoors!

Fishing and Hunting
The Great Western Catskills feature some of the finest fishing in the Eastern United States. According to popular lore, fly fishing was born in the Catskills, which still provide some of the best angling spots in the country. Hundreds of miles of world-class fishing streams, rivers and reservoirs are open to the public. These waters are among the world’s best and include the Beaverkill River, as well as the East and West Branch of the Delaware River. The Towns of Hancock and Deposit are home to the world famous Upper Delaware Cold Water Fishery. Fueled by constant cold water releases from the NY City reservoirs, this portion of the Delaware River provides some of the finest trout fishing in the northeast. The Pepacton and Cannonsville Reservoirs are open to fishing with a permit. Dozens of ponds and lakes offer stillwater fishing amid an unspoiled wilderness. Numerous tributaries run throughout the county providing for hundreds of miles of world-class fishing streams. Enjoy hunting turkey and other fowl in the spring and again in the fall. Deer hunting is enjoyed in all three versions—bow and arrow, gun and black powder. Hunting is permitted throughout the Catskill Forest Preserve, in most state parks, and on certain NYC DEP-owned properties.

Recreational Boating
Paddling enthusiasts will find water everywhere in the Great Western Catskills. The Cannonsville and Pepacton Reservoirs offer paddlers a pleasant, paddle with breathtaking views of our mountains. These reservoirs have always been a destination for anglers in row boats, but only recently have other non-mechanized craft been allowed to ply their waters. All vessels must be steam cleaned and everyone entering the reservoirs must have an access permit; both easy and quick to obtain. If you are looking for a more leisurely paddle, both the East and West Branches of the Delaware River are for you. They are perfect for the whole family, and if you don’t have your own watercraft, don’t dismay. There are many canoe and kayak rental businesses to choose from. All we need is…you.

Hiking
Hiking opportunities abound in the Great Western Catskills, with hundreds of miles of trails for all ages and levels of ability. For a great family hike, the Catskill Scenic Trail, an old rail bed, with a gentle grade is perfect for hiking, biking, horseback riding, snowshoeing and cross-country skiing. Mount Utsayantha offers a more challenging hike. This marked trail system is worth the trek with scenic mountain top and serene valley views. Many of our trail systems are maintained by a variety of organizations and some offer detailed trail maps on request. Guided hikes are also offered and many of our trail systems are multi-use recreational trails, so no matter the time of year, enjoy our trail systems in the Great Western Catskills.

On and Off Road Biking
For on-road adventures, the Great Western Catskills offer miles and miles of scenic routes. For off-road tours, the gentle grade of the Catskill Scenic Trail makes for the perfect family bike outing (catskillscenictrail.org). If downhill biking is your speed, then Plattekill Mountain is a must! Plattekill features over 60 miles of lift served mountain bike trails and are host to a series of mountain bike races each year (plattekill.com). Bike rentals are available.
Bird Watching
There are many outdoor activities in the Great Western Catskills, but birding may be one of the most rewarding. Our area has become a birdwatcher’s heaven, with more than 200 species reported throughout the Catskill Mountains. Home to the Catskill Forest Preserve, nature centers, fertile farmland and waterways, the Great Western Catskills provide the ideal habitat for our feathered friends. Nesting season is a popular time to witness the courtship of a variety of species throughout the Catskills, including Chestnut-sided Warblers and Eastern Meadowlarks. While out on an early morning trek or afloat on the Cannonsville or Pepacton Reservoirs, don’t be surprised to witness Blue Herons, Bald Eagles and many other species.

Golfing
If golf is your preference for enjoying the great outdoors, Delaware County offers no less than ten challenging golf courses. The natural beauty of the Catskills is amplified by the grooming of these courses and the relaxed atmosphere combined with this scenery provides a recreational experience that is unequalled anywhere. Relax, have an enjoyable round of golf, and drink in the world class scenery. It is an unforgettable experience.

Horseback Riding
The Great Western Catskills of Delaware County have miles of trails to explore on horseback as well as private stables where guided rides and lessons are available. Delaware County is home to Bear Spring Mountain State Park, the only campground owned by the state specifically designed for use by horseback riders and features specially designed campsites that accommodate horse trailers and provide horse lodging facilities. Elsewhere in the county is the 26-mile-long Catskill Scenic Trail which is available for your riding pleasure. With these facilities you can easily see why the Great Western Catskills of Delaware County is the perfect location to take your horse on vacation.

Outdoor Fun for All in Delaware County
There are many ways to enjoy summer in Delaware County. We are all about outdoor recreation and there is an activity for everyone to enjoy here. When planning your next summer trip, follow the road less traveled and consider the Great Western Catskills of Delaware County as your vacation destination.

For more information, visit our website at www.greatwestern-catskills.com.
HIKE TO FIVE LEAN-TOS IN THE CATSKILL FOREST PRESERVE

By Carol and David White

We have to reveal one of Mother Nature's mischievous tricks, the blackfly, which comes out in May just as you want to come out and enjoy the profusion of trilliums, hepaticas, violets, spring beauties, trout lilies, Dutchman's-breeches, and mountain laurel. The blackfly only exists in mountinous regions where cold rushing brooks are ideal for hatching their eggs; they are not present elsewhere. The good news is that blackfly season is limited, lasting from Mothers Day to Fathers Day, but the pests often last well into July. Very hot weather kills them off. As the season progresses they move up the mountain, so you may not find them at a hike’s beginning but encounter them higher up.

How to outsmart the critters:

• Hike on windy days. Gentle breezes tend not to penetrate into the forest sufficiently to keep black flies away. Hike in an open area where a normally breezy day keeps you bug-free.

• Hike reasonably level stretches of trail where you make the breeze. You can stay ahead of black flies by moving briskly, because they do not pursue humans as mosquitoes do; but if you stop moving they appear seemingly out of nowhere and surround you. These small insects cannot bite through clothing, so wear long-sleeved light-weight shirts and pants, a bandana for the neck, and bring light gloves for when you stop. They bite ears, necks, even fingers, and bites are itchy. Pack a head net, too.

• Hike on an overcast day—these pests dislike dim light and totally disappear at sundown. Plan an after dinner excursion; twilight lasts longer in summer and eyes adjust to less light, especially in the open. With a moon, you can be out into the evening; always pack a flashlight or headlamp.

• Hike to a lean-to for lunch! Black flies avoid deep shade, so you might be bug free in the darker interior of a lean-to. Visit www.catskillmtn.org/files/may2013guideweb.pdf, pages 16-18 to read about five accessible lean-tos we suggested in May 2013. Now we suggest more lean-to destinations in less well-known areas. Enjoy May’s abundant wildflowers!

Batavia Kill Lean-to

Enjoy a short trek by a lovely brook for 1.3 miles to the lean-to, or do a delightful loop hike of 5.1 miles. From the parking area, follow the red-marked Black Dome Trail for 0.6 miles, cross the brook at a junction, and follow the yellow trail for another 0.7 miles to the lean-to. The Batavia Kill (stream) originates near the lean-to, one of the few water sources for those backpacking the Escarpment Trail. Retrace from here, or continue up a new switch-backed trail for another 0.2 miles to the blue Escarpment Trail; turn left for 2.6 mostly level miles—after a scramble up boulders—with three viewing spots including Acra Point. After trekking across the ridge for 2.3 miles, watch carefully for a side path to the left for gorgeous viewing to the nearby Blackhead Range and Black Dome Valley. Descending to the next junction, turn left on the red trail back to your vehicle (0.1 mile left on the road to its end).

Rochester Hollow

Two designated camping spots near the cascading stream offer fire pits and beyond the remnants of an old estate, a lean-to has been built, complete with a handicapped accessible outhouse. This is a total ascent of 800 feet in 2.4 miles. At 1.7 miles is a newly-refurbished memorial to John Burroughs, dedicated to “the beloved naturalist, author, American of Slabsides and the world.” An open house at Slabside is held only on the third Saturday in May and the first Saturday in October from 12:00 pm to 4:30 pm, and features talks in the cabin, which still has furniture that Burroughs made. There are guided nature walks on new trails completed in 2012, and these trails are open to the public throughout the year. “Slabsides” refers to the slabs—bark-covered outer pieces of logs—nailed to the outside. Burroughs wrote many of essays about the natural world at Slabsides, and he enjoyed entertaining guests that included Theodore Roosevelt, Thomas Edison, Henry Ford, and John Muir. These friends also spent time at the Roxbury boyhood home of Burroughs known as Woodchuck Lodge. Henry Ford gave John Burroughs one of his new Fords hot off the assembly line.
These men had similar ideas about life: Ford believed that he should pay his workers enough so they could afford to buy his automobiles; Burroughs wrote, “I have shared the common lot and it is good enough for me. The most precious things of life are near at hand, without money and without price, the whole wealth of the universe at your very door.” Free guided tours of Woodchuck Lodge are offered the first weekend of the month from May through October, Saturday and Sunday, 11:00 am to 3:00 pm. Visit Boyhood Rock a few yards up the road and read about John Burroughs’ extraordinary life, with many fascinating pictures of “movers and shakers” in America’s early 20th century.

Beaver Meadow Lean-to on Millbrook Ridge

Enjoy a fine 1.5-mile circuit around Alder Lake, or extend your day by adding a three-mile round-trip visit to Beaver Meadow Lean-to. The remnants of the great Coykendall Lodge remain; we luckily explored this area when the lodge was still standing. Hike clockwise around the lake because the trail passes close to the shore with several designated campsites; one enjoys free camping here. At 0.7 miles you reach the Mill Brook Ridge Trail junction and from here the Balsam Lake Mountain Trail is 5.9 miles away, coming in a quarter-mile from its summit fire tower, a fine backpack. From Alder Lake, follow yellow foot trail markers along an old woods road, which becomes a footpath in one mile after a stream crossing. Passing beaver meadows and crossing another stream on a single log, hewed flat, it ascends, following a brook which gradually becomes a steep ravine. The trail skirts around a second meadow and at 1.5 miles, a path leads to a lean-to overlooking the beaver meadow, which is an interesting place to explore. Back at Alder Lake, to the left the trail ascends above the lake, which is mostly out of view, so choose which way to return to the trailhead. Both ways are about the same, mile-wise.

Campbell Mountain Lean-to

From the west side of NY 206, follow blue trail markers down a woods road for 0.3 miles to a stream crossing. Many stone foundations and orchards appear in this area, evidence of old settlements. At times along a scenic brook, a dark spruce forest precedes a log bridge, followed by another attractive forest of red pine. At 0.9 miles, avoid an unmarked trail; continue on the marked trail, which begins a gradual climb. In spring you may cross many cascading drainages from the hillside as the route passes three small streams. Nearing the lean-to, the marked trail bears right and ascends to the Campbell Mountain Lean-to at 1.2 miles. The lean-to is in an attractive setting near a mossy cascading brook with waterfalls and wood fern.
Trout Pond Lean-tos
The trail descends to Russell Brook and crosses a bridge. Just upstream is a magnificent large waterfall on Russell Brook beyond remnants of an old stone dam, off the trail. Don’t miss this! Retrace to the trail, where campsites and a privy are available. Follow the blue-marked Trout Pond Trail, straight (north), ascending on gradual and then moderate grades. At 0.9 miles the trail reaches Trout Pond, a sizable body of water. Half a mile farther, passing a spawning box and spring, the trail reaches a junction; the lean-to is fifty yards off-trail. To visit a second lean-to, turn left on the Mud Pond Trail for 0.15 miles from the junction, and take a spur path off the main trail. For a loop hike, ascend 450 feet up Cherry Ridge (no views) for another 1.7 miles to a junction, turn right briefly to a spur trail to visit Mud Pond, and retrace to the junction to descend the blue-marked trail through an attractive evergreen forest. Rejoining the Trout Pond Trail, turn right to your vehicle.

Belleayre Mountain
Belleayre Mountain is a hike in the open, a good choice to avoid black flies, but wear sunscreen and a cap and choose a breezy cool day with low humidity to climb in the sun. From the ski center’s Overlook Lodge, park near the first building on the right and ascend a macadam road to access a service road that becomes the Deer Run ski trail. This is a steady 920-foot ascent without forest cover, passing information kiosks about the animals, geology, trees, and history of this area. On the 3,420-foot summit, enjoy a level walk across the top to Sunset Lodge and expansive views north; relax on its south-facing back deck from which, on a clear day, you can discern the Balsam Lake Mountain fire tower. (Sunset Lodge is closed, off-season). Walk east across open areas and descend via the gradual slopes of Roaring Brook Trail back to Overlook Lodge.

Carol and David White are authors of Catskill Day Hikes for All Seasons (Adirondack Mountain Club, 2002) and editors of Catskill Trails, 4th edition (Volume 6 of the Forest Preserve Series, Adirondack Mountain Club, August 2013). Catskill Trails is packaged with the new National Geographic Society Catskill Park Trails Illustrated Map #755, which they helped create in 2011. Carol is editor of Catskill Peak Experiences: Mountaineering Tales of Endurance, Survival, Exploration & Adventure from the Catskill 3500 Club (Black Dome Press, 2008). Signed copies of all of these books are available at the Village Square Bookstore in Hunter, NY. Carol’s new book, Peak Experiences: Danger, Death, and Daring in the Mountains of the Northeast (University Press of New England) is now available for purchase in bookstores and online. Two accounts are about the Catskills.

Trailheads
Batavia Kill Lean-to: From Route 23 east of Windham, turn south on NY 296 to Hensonville and leave Rt. 296, going straight on County Rte. 40. Cross a bridge, turn right to Maplecrest, and turn left on County Rte. 56, Big Hollow Road, to its end, 4.3 miles. Coming from Rt. 23A, in Tannersville take County Rte. 23C uphill at the traffic light. Go left of a church and downhill to East Jewett, for a few miles to County Rte. 40 at a big flag. In Maplecrest jct. of Rts. 40/56, take Rt. 56 for 4.3 miles.

Rochester Hollow: From Route 28 one mile west of the Big Indian jct. of NY 28 and County Rte. 47, turn north onto Matyas Road 0.2 miles to its end.

Beaver Meadow Lean-to: From NY 206, 2.8 miles north of the Roscoe traffic light, turn east on Beaver Kill Road for 14.3 miles and turn north on County Rte. 54 at the jct. in Turnwood. It can also be reached from Livingston Manor. From Margaretville village parking lot, travel 2.2 miles on NY 28/30 and turn left and immediate right to follow Old NY 30 south of the Pepacton Reservoir for 8.2 miles to Barkaboom Rd.; turn left and follow it to Beaverkill Rd. Turn left to County Rte. 54 as above. Drive 2.6 miles to Cross Mt. camp entrance road and bear right and right again at a second jct. for 0.4 miles to Alder Lake parking area.

Campbell Mountain Trail: Park at a small trailhead post marker on the west side of NY 206, 2.2 mi south of NY 30 at Pepacton Reservoir.

Trout Pond: From the Roscoe traffic light, travel north on NY 206 for 2.4 miles; turn west onto Morton Hill Road, immediately past the Beaver Kill bridge. Bear right at 0.2 miles; at a jct. 3.2 miles from NY 206, turn left onto unmarked Russell Brook Road for 0.5 miles to the parking area.

Slabsides National Historic Landmark is in West Park, ten miles south of Kingston. From Route 9-W, turn west onto Floyd Ackert Road, cross railroad tracks for 1/2 mile to the foot of Burroughs Drive. Park there and walk up the hill to Slabsides or drive up and park at the green gate on the right. Pass the gate and walk up the gravel road to Slabsides.

Woodchuck Lodge: From Route 30, north of Roxbury 0.7 miles at Hubble Corners, turn west on Hardscrabble Road for 0.9 miles to Burroughs Memorial Road. Turn left for 1.1 miles to Woodchuck Lodge. John Burroughs Memorial State Historic Site with Boyhood Rock is another 0.2 miles, at 1.3 miles.
Mountain Cinema

At the Doctorow Center for the Arts • 7971 Main Street, Hunter

May Schedule for Screen Two, the only place on the Mountain Top to see the best Foreign and Independent Films

Ernest & Celestine

(RATED PG-13, 107 MINUTES)

DIRECTED BY STÉPHANE AUBIER, VINCENT PATAR & BENJAMIN RENNER

Deep below snowy, cobblestone streets, tucked away in networks of winding subterranean tunnels, lives a civilization of hardworking mice, terrified of the bears who live above ground. Unlike her fellow mice, Celestine is an artist and a dreamer—and when she nearly ends up as breakfast for ursine troubadour Ernest, the two form an unlikely bond. But it isn’t long before their friendship is put on trial by their respective bear-fearing and mice-eating communities. 5/2-5/4. Friday 7:15; Saturday 7:15; Sunday 2:15, 4:45 & 7:15

“This tale of forbidden friendship between a bear and a mouse is so winning that audiences will cherish it as the classic it’s sure to become.”
—Joe Morgenstern, The Wall Street Journal

The Unknown Known

(Unrated, 103 Minutes)

DIRECTED BY ERROL MORRIS

Academy Award-winning director Errol Morris offers a mesmerizing portrait of Donald Rumsfeld, a larger-than-life character who provoked equal levels of fury and adulation. Rather than conducting a conventional interview, Morris has Rumsfeld perform and expound on his “snowflakes,” tens of thousands of memos he composed as a congressman and as an advisor to four presidents. These memos provide a window onto history as Rumsfeld wants us to see it. 5/9-5/11. Friday 7:15; Saturday 4:15 & 7:15; Sunday 2:15, 4:45 & 7:15

“...both thrilling and disconcerting to watch. It is also a nature documentary about behavior at the very top of the imperial food chain and a detective story about the search for a mystery that is hidden in plain sight.”
THE GALAPAGOS AFFAIR  
DIRECTED BY DAN GELLER & DAYNA GOLDFINE
Darwin meets Hitchcock in this true-crime tale of paradise found and lost. The Galapagos Affair: Satan Came To Eden is a fascinating documentary portrait of a 1930s murder mystery as strange and alluring as the famous archipelago itself. Fleeing conventional society, a Berlin doctor and his mistress start a new life on uninhabited Floreana Island. But after the international press sensationalizes the exploits of the Galapagos’ “Adam and Eve,” others flock there—including a self-styled Swiss Family Robinson and a gun-toting Viennese Baroness and her two lovers. Things would never be the same. 5/16-5/18. Friday 7:15; Saturday 4:15 & 7:15; Sunday 2:15, 4:45 & 7:15

“[A] riveting historical mystery documentary … like a game of tropical Clue writ large. We know from the outset that some of these Floreana inhabitants will end up dead…. Constructing a true-crime film where all of the first-hand subjects are long gone is a tricky thing. Yet Geller and Goldfine rise to the challenge.”  
—Beth Hanna, IndieWire/Thompson on Hollywood

ENEMY  
DIRECTED BY DENIS VILLENEUVE
Jake Gyllenhaal reteams with his Prisoners director, Denis Villeneuve, in this sexy and hypnotically surreal psychological thriller that breathes new life into the doppleganger tradition. Adam Bell (Gyllenhaal) is a glum, disheveled history professor, who seems disinterested even his beautiful girlfriend. Watching a movie on the recommendation of a colleague, Adam spots his double, a bit-part actor named Anthony Clair, and decides to track him down. The identical men meet and their lives become bizarrely and irrevocably intertwined. Gyllenhaal is transfixing as both Adam and Anthony, provoking empathy as well as disapproval while embodying two distinct personas. With masterfully controlled attention to detail, Villeneuve takes us on an enigmatic and gripping journey through a world that is both familiar and strange—and hard to shake off long after its final, unnerving image. 5/23-5/26. Friday 7:15; Saturday 4:15 & 7:15; Sunday 2:15, 4:45 & 7:15

“Mysterious enough that many viewers will insist on seeing it twice.”  
—Peter Debruge, Variety

HANK AND ASHA  
DIRECTED BY JAMES E. DUFF
In this charming romantic comedy, an Indian woman studying in Prague and a lonely New Yorker begin an unconventional correspondence through video letters—two strangers searching for human connection in a hyper-connected world. When their relationship deepens, they must decide whether or not to meet face to face. Winner of the Audience Award at the 2013 Slamdance Film Festival, Hank and Asha is a film about identity, longing, and the irresistible appeal of entertaining life’s what-ifs. 5/30-6/1. Friday 7:15; Saturday 4:15 & 7:15; Sunday 2:15, 4:45 & 7:15

“An infectiously sincere love story!”  
—IndieWire

UNDER THE SKIN  
DIRECTED BY JONATHAN GLAZER
From visionary director Jonathan Glazer (Sexy Beast) comes a stunning career transformation, a masterpiece of existential science fiction that journeys to the heart of what it means to be human, extraterrestrial—or something in between. A voluptuous woman of unknown origin (Scarlett Johansson) combs the highways in search of isolated or forsaken men, luring a succession of lost souls into an otherworldly lair. They are seduced, stripped of their humanity, and never heard from again. Based on the novel by Michel Faber (The Crimson Petal and the White), Under the Skin examines human experience from the perspective of an unforgettable heroine who grows too comfortable in her borrowed skin, until she is abducted into humanity with devastating results. 6/6-6/8. Friday 7:15; Saturday 4:15 & 7:15; Sunday 2:15, 4:45 & 7:15

“A brilliant science fiction movie—more of an ‘experience’ than a traditional story, with plenty to say about gender roles, sexism and the power of lust?”  
—Matt Zoller Seitz, RogerEbert.com

Ticket Prices: $9 / $7 seniors & children under 11
Film schedule subject to change, please call ahead to confirm 518 263 4702 (recorded messages) or visit www.catskillmtn.org.
GODZILLA (RATED PG-13)
The world’s most famous monster is pitted against malevolent creatures who, bolstered by humanity’s scientific arrogance, threaten our very existence.

NEIGHBORS (RATED R, 96 MINUTES)
A couple with a newborn baby face unexpected difficulties after they are forced to live next to a fraternity house.

NOAH (RATED PG-13, 138 MINUTES)
A man is chosen by his world’s creator to undertake a momentous mission to rescue the innocent before an apocalyptic flood cleanses the wicked from the world.

RIO 2 (RATED G, 101 MINUTES)
It’s a jungle out there for Blu, Jewel and their three kids after they’re hurtled from Rio de Janeiro to the wilds of the Amazon. As Blu tries to fit in, he goes beak-to-beak with the vengeful Nigel, and meets the most fearsome adversary of all: his father-in-law.

X-MEN-DAYS OF FUTURE PAST
The X-men send Wolverine to the past in a desperate effort to change history and prevent an event that results in doom for both humans and mutants.

We show the best Hollywood films available each week. The following are some films that we will show during the month of May.

For the most up-to-date schedule, call 518 263 4702 or visit www.catskillmtn.org. While there, sign up for our e-mail updates so you can get the newest schedule delivered to your e-mail box each week!

Theater 1 in the Doctorow Center for the Arts is now in 3D!

**May 3D Films**

**STARTING MAY 2**
The Amazing Spider-Man 2
(RATED PG-13, 142 MINUTES)
Directed by Marc Webb
Peter Parker runs the gauntlet as the mysterious company Oscorp sends up a slew of supervillains against him, impacting on his life.

**STARTING MAY 30**
Maleficent
(RATED PG)
Directed by Marc Webb
The untold story of the villain from “Sleeping Beauty” reveals the events that hardened Maleficent’s heart and drove her to curse the baby, Aurora, only to later realize that the child may hold the key to peace in the land.

Showtimes: Friday 7:00; Saturday 4:00 & 7:00; Sunday 2:00, 4:30 & 7:00
3D Ticket Prices: $11/ $9 seniors & children under 11

Schedule subject to change: call 518 263 4702 or visit www.catskillmtn.org for most up-to-date listings.
The Catskill Mountain Foundation presents

2014

ORPHEUM DANCE FESTIVAL

NEXT PERFORMANCE:
ONE HOUR, TWO WORKS:
AN EVENING OF DANCE
WITH HEIDI LATSKY
DANCE COMPANY
SATURDAY, MAY 31, 7:30 PM

THE CATSKILL MOUNTAIN FOUNDATION’S ORPHEUM
FILM & PERFORMING ARTS CENTER
6050 MAIN STREET, VILLAGE OF TANNERSVILLE

ZVIDANCE

HEIDI LATSKY
DANCE COMPANY

NATIONAL DANCE INSTITUTE

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ZVIDANCE:
“DABKE”
Saturday, April 26, 7:30 pm

ONE HOUR, TWO WORKS:
AN EVENING OF DANCE
WITH HEIDI LATSKY
DANCE COMPANY
Saturday, May 31, 7:30 pm

NATIONAL DANCE INSTITUTE
SUMMER RESIDENCY PERFORMANCE
Saturday, July 26, 7:00 pm

All performances take place at the Catskill Mountain Foundation’s Orpheum Film & Performing Arts Center, 6050 Main Street, Village of Tannersville
For tickets, visit www.catskillmtn.org or call 518 263 2063
AT THE CATSKILL MOUNTAIN FOUNDATION

The Kaaterskill Fine Arts & Crafts Gallery in Hunter Village Square has joined forces with The Village Square Literary Center & Bookstore to become

Your one-stop write-a-poem, buy-a-book, see-an-art-exhibit, admire-the-artistry-of-local-crafters and catch-up-on-all-the-news-you’ve-missed-while-you-were-away shop

FEATURED ARTIST THROUGH JUNE 1, 2014

NANCY WINTERNIGHT: A PLAY BETWEEN INSPIRATION AND SPIRIT

Left: April Showers; Right: May Flowers

Nancy Winternight’s painted quilts express her experience as a woman, and a spiritual being. Her figures are often flying—above the sea and pilot whales, or the mountains and hills, perhaps covered in wild roses. “There is a play between inspiration and expression of spirit—as I feel inspired, I express that feeling: putting the feelings into form seems imperative, sometimes as a way to transcendence, sometimes simply to express the joy of being in a very beautiful place,” according to the artist.

See her work now at the Kaaterskill Fine Arts & Crafts Gallery … Books, too!

KAATERSKILL FINE ARTS & CRAFTS GALLERY / VILLAGE SQUARE LITERARY CENTER & BOOKSTORE
7950 MAIN STREET HUNTER NY 12442
HOURS: FRIDAY & SATURDAY 10 - 5, SUNDAY 10 - 3:30 • 518-263-2060 • www.catskillmtn.org
Wondering where to go this summer? Grab a copy of Joanne Michaels’ *Let’s Take the Kids!* Discover all the really cool places to go in New York’s Hudson Valley, including the Catskills, the Capital Region, the Adirondacks, Lake George, the Berkshires, and Cooperstown. “Good details on weekend trips in the manner of the old-time guides.” –The New York Times

If you really do wish these hills could talk, pick up a copy of *Trails with Tales: History Hikes through the Capital Region, Saratoga, Berkshires, Catskills & Hudson Valley*. Trek alongside guide authors Russell Dunn and Barbara Delaney as the spin tales about thirty nature trails, selected for their natural, stand-alone beauty, but made all-the-more-meaningful through vignettes of America’s fascinating past, from early Native Americans and Colonial settlers to the Industrial Revolution and Victorian-era grand hotels.

Walk in the footsteps of Thomas Cole, Asher Durand & other 19th century luminaries, but first locate their paths with your GPS! Bring along a copy of Robert Gildersleeve’s *Catskill Mountain House Trail Guide*. Voted “Best new hiking companion!” by *Hudson Valley Magazine*.

**FEED YOUR INNER BOOKWORM**

*When Catch-22 first came out in 1961, it was instantly hailed as a novel “like no other.”* 38 years and five novels later, author Joseph Heller had finally written a novel comparable, in depth, to his first. *Portrait of an Artist as an Old Man* finally measures up to his first success. An important American writer. An important book about what happens when a wildly successful first novelist sifts through the detritus of his life an an effort to settle on a subject for his final work. And while you’re at it, pick up a copy of *Yossarian Slept Here*, daughter Erica Heller’s poignant and incisive memoir.

If what-to-read-next is a mystery and you enjoy detective fiction of all kinds, try a novel by Edgar and Creasey Awards-winning novelist Laurie R. King. In her Mary Russell series, a young Mary Russell falls in love with and eventually marries a much-older Sherlock Holmes and becomes his partner-in-crime. “The Mary Russell series takes the pair from through the Great War and into the Twenties and around the world in the ten books of the series to date. The tenth, The God of the Hive, out April 27, finds the pair back in England chasing answers to deadly mysteries. Reviewers have long praised King’s nuanced characters and substantive plot lines….“ –Scene of the Crime, Blog of Author J. Sydney Jones, focusing on mysteries and thrillers with a sense of place.

For the poet in us all, familiarize yourself with the Complete Poetry of César Vallejo. “César Vallejo is the greatest Catholic poet since Dante—and by Catholic I mean universal.” –Thomas Merton.

**LOCATED IN HUNTER VILLAGE SQUARE**

7950 MAIN ST/RTE. 23A • VILLAGE OF HUNTER
518 263 2050 • WWW.CATSKILLMTN.ORG

**HOURS:** FRIDAY & SATURDAY 10AM-5PM; SUNDAY 10AM-3:30PM
When a small group of compassionate citizens came together some years ago, their purpose was quite simple: to enrich life on the mountaintop. This progressive group of second homeowners, soon to become the Windham Chapter, has taken many small steps to make great strides in our community. As a division of the Catskill Mountain Foundation, the Windham Chapter is committed to supporting projects in the arts, education, and recreation.

Their impact has been felt on many levels; from the very public to the intensely personal: radio and emergency equipment for local firefighters, medical care for families, band uniforms for WAJ students and college scholarships for deserving graduates. This group saw a need and made a commitment to help fill it. Since 2003, the Windham Chapter has awarded nearly 2 million dollars to local non-profit organizations.

Some people want things to happen, some people wish things to happen...

The Windham Chapter makes things happen.

The Windham Chapter is a 501(c)3 non-profit organization, governed by an all-volunteer board.

Windham Chapter • P.O. Box 600 • Windham, NY 12496
www.windhamchapter.com
**MAY 2014 MOVIES & EVENTS AT A GLANCE**

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Schedule subject to change: please call 518 263 4702 or visit our website for the most up-to-date schedule. While there, sign up for e-mail updates so you can get the newest schedule delivered to your e-mail box each week!

### WEEKLY CLASSES start June 25
- **Basics & Beyond:** June 25-August 27  
  Susan Beecher, nationally recognized potter & teacher
- **Clay for Seniors:** June 25-August 27  
  Susan Beecher

### WORKSHOPS start June 26
- **Finding Form Through Inspiration & Exploration:** June 26-June 30  
  Sandi Pierantozzi & Neil Patterson, potters and teachers
- **Sensational Salt Fire:** July 4-6  
  Susan Beecher
- **Pots & Possibilities:** July 10-14  
  Nick Joerling, studio potter at Penland School of Crafts
- **Magnificent Mosaics:** July 18-20  
  Cynthia Fisher, award-winning mosaic artist
- **Elegant & Ornate: Form & Surface:** July 24-28  
  Kristen Kieffer, full-time studio potter & instructor
- **Exciting Innovations for Colored Clay:** August 21-26  
  Chris Campbell, full-time studio potter

Visit our Web site for more details: www.sugarmaples.org

For more information, to request a brochure, to register or to make reservations for housing, call 518 263 2073.
ZviDance: “Dabke”  
Saturday, April 26, 7:30 pm  
Orpheum Film & Performing Arts Center

Rakonto: A Sounding of Community Voices  
With Composer and Pianist Daniel Kelly  
Saturday May 17, 8:00 pm  
Doctorow Center for the Arts

One Hour, Two Works: An Evening of Dance  
with Heidi Latsky Dance Company  
Saturday, May 31, 7:30 pm  
Orpheum Film & Performing Arts Center

Parade & Jazz Concert  
Saturday, July 5, Parade at 3:00 pm,  
Concert at 4:00 pm  
Orpheum Film & Performing Arts Center

Japanese Taiko Drum Concert: OMNY Taiko  
Saturday, July 5, 7:00 pm  
Orpheum Film & Performing Arts Center

Manhattan in the Mountains  
“Masters at Play: An American in Paris”  
Works by Copland, Fauré,  
Amy Beach, Chamimade, and Poulenc  
Saturday, July 26, 7:00 pm  
Orpheum Film & Performing Arts Center

Concerts & Conversations:  
Harpichordist and Fortepianist  
Kenneth Cooper  
Saturday, August 2, 8:00 pm  
Doctorow Center for the Arts

Concerts & Conversations:  
Catskill Jazz Factory: Ragtime to Swing  
Thursday, August 7, 6:00 pm  
Doctorow Center for the Arts

Concerts & Conversations:  
Catskill Jazz Factory: The Spirit of Louis  
Saturday, August 9, 7:30 pm  
Orpheum Film & Performing Arts Center

Catskill High Peaks Festival:  
Music with Altitude!  
“The Grand Italian Tour: Years of Pilgrimage” Works by Scarlatti, Boccherini, Rossini, Paganini, Verdi and Liszt  
Sunday, August 10, 2:00 pm  
Doctorow Center for the Arts

Catskill High Peaks Festival:  
Music with Altitude!  
“The Grand Italian Tour: Souvenir de Florence” Works by Tchaikovsky, Stravinsky, Valentini, Boccherini and Vivaldi  
Sunday, August 17, 2:00 pm  
Orpheum Film & Performing Arts Center

Concerts & Conversations:  
Andrew Appel and Four Nations Ensemble  
“Before the Deluge: Music from Versailles and Paris”  
Saturday, August 23, Lecture at 7:00 pm,  
Concert at 8:00 pm  
Doctorow Center for the Arts

Windham Festival Chamber Orchestra  
Robert Manno, conductor  
Music of Vivaldi, Handel, Mozart & Haydn  
Saturday, November 29, 8:00 pm  
Doctorow Center for the Arts

National Marionette Theater:  
Beauty and the Beast  
Saturday, December 13, 3:30 pm  
Doctorow Center for the Arts

Catskill Mountain Foundation is supported in part by New York State Council on the Arts with the support of Governor Andrew M. Cuomo and the New York State Legislature, the Greene County Legislature through the County Initiative Program administered in Greene County by the Greene County Council on the Arts, by the Jarvis and Constance Doctorow Family Foundation, by Friends of the Orpheum (FOTO), by the Bank of Greene County Charitable Foundation, by Ulster Savings Bank, by Stewarts Shops, and by private donations.
Coldwell Banker Timberland Properties Facebook Page —

The go-to Facebook source for:
• New Listings
• Area News
• Real Estate Information
• Selling and Buying Tips

Reach out to your friends, family and co-workers to increase visibility to your listing!

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Main Street
DELHI
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